



# National School District

# February 2012



## Menus

### Lunch

Served with choice of low-fat milk or non-fat chocolate milk daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog <small>with Oven Baked Fires</small> Bean & Cheese Burrito Baja Fish Sticks Tuna Salad <small>on a Whole Wheat Bun</small>	Chicken Patty Sandwich <small>on a Whole Wheat Bun</small> Macaroni and Cheese Pizza Crunchers Turkey and Cheese <small>on Whole Wheat Pullman Bread</small>	Turkey Chili <small>Served with Corn Bread</small> Corn Dog Popcorn Chicken Yogurt <small>Served with a Graham Cracker</small>	Yummy Cheeseburger Cheese-Filled Breadsticks Chicken Nuggets Tuna Salad <small>on a Whole Wheat Bun</small>	Pepperoni Pizza Cheese Pizza Hot & Spicy Chicken Strips Ham and Cheese <small>on Whole Wheat Pullman Bread</small>
Tossed Spinach and Lettuce Salad Baby Carrots Tangerines Apples Lemon Wedges Diced Peaches in Syrup	Tossed Spinach and Lettuce Salad Jicama Sticks Bananas Sliced Tomatoes Grapes Applesauce	Tossed Spinach and Lettuce Salad Baby Carrots Cucumber Slices Orange Wedges Apples Diced Pears in Syrup	Tossed Spinach and Lettuce Salad Sliced Tomatoes Bananas Apples Pickle Chips Mixed Fruit in Syrup	Tossed Spinach and Lettuce Salad Baby Carrots Jicama Sticks Jalapenos Apples Dried Fruit & Nut Mix

### Pizza Days

Date	School
6	Ira Harbison
8	Central
10	Olivewood
13	Lincoln Acres
14	Kimball
15	John Otis
16	Las Palmas
21	Rancho de la Nacion
21	El Toyon
24	Palmer Way

### Breakfast

Served with choice of low-fat milk or non-fat chocolate milk daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pancakes Ultimate Breakfast Sausage Sandwich Yogurt <small>Served with a Graham Cracker</small> Assorted Breakfast Cereals ***** Green and Red Apples Raisins Orange Juice	Breakfast Wrap Blueberry Muffin Top Yogurt <small>Served with a Graham Cracker</small> Assorted Breakfast Cereals ***** Green and Red Apples Bananas	French Toast Sticks Plain Bagel with Cream Cheese Yogurt <small>Served with a Graham Cracker</small> Assorted Breakfast Cereals ***** Green and Red Apples Bananas Apple Juice	Whole Grain Waffle Ultimate Breakfast Round Yogurt <small>Served with a Graham Cracker</small> Assorted Breakfast Cereals ***** Green and Red Apples Bananas	Pancake Sausage Stick Benefit Breakfast Bar Yogurt <small>Served with a Graham Cracker</small> Assorted Breakfast Cereals ***** Green and Red Apples Baby Carrots Orange Juice

### MENU PRICES

All students eat free at breakfast and lunch.

Adults	
Breakfast Entrée	\$1.00
Breakfast Meal	\$1.75
Lunch Entrée	\$2.00
Lunch Meal	\$3.00
Whole Fruit	\$0.50
Milk	\$0.50



**PLEASE NOTE:**  
This menu is scheduled to run from Monday, January 30 to Friday, March 2

*"The only way to have a friend is to be one"*

~ Ralph Waldo Emerson